



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Week 1

Day 1 Wednesday, February 14

Father, we pray for strength and power from the Holy Spirit to sustain us in our commitment to this season of prayer, fasting and giving. *God's Prayer Promise: "We have this confidence before God and receive from Him anything we ask, because we obey His commands and do what pleases him." (1 John 3:21-22)*

Day 2 Thursday, February 15

Father God, we pray for Spiritual Cleansing. Please make us an instrument of your peace. Let us throw off everything that hinders us, and the sin that so easily entangles. *"Be ye imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God." (Ephesians 5:1-2)* *God's Prayer Promise: "If you remain in me and my words remain in you, ask whatever you wish, and it will be given you." (John 15:7)*

Day 3 Friday, February 16

Father, we fast and pray today for our pastor, Pastor Tony McGee, that You who began a great work in him, will carry it on until the day of Christ. We thank you for blessing Zion Hope Church with a Pastor who is highly favored by You; for he is committed to the vision you have given to him and we ask that you will help us to stay focused and committed to the plan you have for our church. *God's Prayer Promise: "Call to me and I will answer you and tell you great and unsearchable things you do not know." (Jeremiah 33:3)*

Day 4 Saturday, February 17

Our prayer as we fast today, is for all Zion Hope Church Staff, Pastoral Staff, Administrative Staff, Associate Ministers, Deacons, Deaconess and Servant Ministry Leaders. We hold them in highest regard because of their work. Please bless and keep them as they endeavor to do kingdom work. *God's Prayer Promise: "Sacrifice offerings to God, fulfill your vows to the Most High. Call upon me in the day of trouble; I will deliver you, and you will honor me." (Psalm 50:14-15)*

Week 2

Day 5 Sunday, February 18

Father, we rest in you today and give you Praise, Honor and Glory. Restore and renew us for this journey of Lent. We pray for unity in the Body of Christ. May we be a church that honors You. *God's Prayer Promise: "This is the confidence we have in approaching God: that if we ask anything according to His will He hears us. And if we know that he hears us - whatever we ask; we know that we have what we asked of Him." (1 John 5:14-15).*

Day 6 Monday, February 19

Father God, we fast and pray for the Restoration of Marriages and Families within our ministry and in our community. May each husband love his wife as he loves himself and each wife respect her husband. We ask that You will fortify husbands and wives so that they will be able to stand against the schemes of the enemy that seek to destroy the unions of marriage you have established. *"Your right hand, O Lord, is glorious in power. Your right hand, O Lord, dashes the enemy to pieces." (Exodus 15:6)* *God's Prayer Promise: "And we receive of Him anything we ask, because we obey His commands and do what pleases Him." (1 John 3:22)*



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Day 7 Tuesday, February 20

We fast and pray today in total Thanksgiving. Father God, we give you thanks in all circumstances, because we know that this is your will for us in Christ Jesus. *“I will praise You with my whole heart; before the “gods” I will sing your praise. I will bow down toward your holy temple and will praise your name for your love and faithfulness.” (Psalm 138:1-2)* Thank you for every blessing, those seen and especially those not seen, as we walk by faith and not by sight. *God’s Prayer Promise: “You may ask me for anything in my name, and I will do it.” (John 14:14)*

Day 8 Wednesday, February 21

We fast with prayers of Confession. I confess my sins today, Father God. I desire to be holy as You are Holy. Please cleanse me and restore me as I confess my sins. *“Search me, O God and know my heart; try me and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting.” (Psalm 139: 23-24)* Thank you for being faithful and just and forgiving my sins, purifying me from all unrighteousness. *God’s Prayer Promise: “If we confess our sins, He is faithful and just and will forgive our sins and purify us from all unrighteousness.” (1 John 1:9)*

Day 9 Thursday, February 22

We fast with prayers of Praise. Father, I praise You today. My heart and mind are fixed on the image of Jesus Christ who is pure, loving, kind, holy, and gentle. My soul says Hallelujah! Father, I exalt you and praise you; I give you glory, honor and praise for You are so awesome! *“You are my God, and I will praise you! You are my God, and I will exalt you!” (Psalm 118:28)* *God’s Prayer Promise: “Where two or three come together in my name, there am I with them.” (Matthew 18:20)*

Day 10 Friday, February 23

We fast with prayers of Worship. My soul magnifies the Lord! I stand in awe of your greatness and power. I long for your presence. *“I spread out my hands to you; my soul thirsts for you like a parched land.” (Psalm 143:6)* I glorify your name for You have done great things. I worship You! *God’s Prayer Promise: “You did not choose me, but I chose you and appointed you to go and bear fruit - fruit that will last. Then the Father will give you whatever you ask in my name.” (John 15:16)*

Day 11 Saturday, February 24

Today we fast and pray with an attitude of Gratitude. Father, I thank you for all spiritual gifts, for adopting me as your own child, forgiving my sins, giving me wisdom, revealing your will and giving me an inheritance. I thank you for supplying all my needs and for unspeakable joy! *“My mouth will speak in praise of the Lord. Let every creature praise his holy name forever and ever.” (Psalm 145:21)* *God’s Prayer Promise: “Everything is possible for him who believes.” (Mark 9:23b)*

Week 3

Day 12 Sunday, February 25

Father, we pray as a church, asking that you will help us to be the church you have called for - A House of Prayer. We ask in faith, in the Name of Jesus that You will convict our hearts to pray in the spirit on all occasions, with all kinds of prayers and requests. We desire to always be alert and to pray for all the saints, especially for our Pastor and his family. *God’s Prayer Promise: “I*



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

tell you the truth, if you have faith and do not doubt, not only can you do what was done to the fig tree, but also you can say to this mountain, 'Go throw yourself into the sea', and it will be done. If you believe, you will receive whatever you ask for in prayer." (Matthew 21:21-22)

Day 13 Monday, February 26

Father God, we thank you for our First Lady – Lady Kim. We fast and pray that You will bless her for the sacrifices that she consistently makes for this ministry and for your Kingdom. *"Charm is deceptive, and beauty does not last; but a woman who fears the Lord will be greatly praised. Reward her for all she has done. Let her deeds publicly declare her praise." (Proverbs 31:30-31)*. Please continue to grant her peace, patience, and protection as she serves as a wife, mother and dynamic woman of God. *God's Prayer Promise: "The man who finds a wife finds a treasure and receives favor from the Lord." (Proverbs 18:22)*

Day 14 Tuesday, February 27

Father, today we fast and persevere in prayer for Zion Hope Church and churches that are a part of the National Baptist Convention and the Progressive National Baptist Convention; for through these great body of believers we are expanding our territory as we unite with these districts. We pray, believing that you will provide for us just as you did Abraham. As we pray today, we are looking forward, northward, southward, eastward, and westward, believing that what you have for us, we will possess. *God's Prayer Promise: "Let us approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need." (Hebrews 4:16)*

Day 15 Wednesday, February 28

Father, today we fast and pray, seeking your guidance and blessing for our Personal Needs. Lord God, we know that your Word is true; that You will supply all of our needs according to your riches in glory (*Philippians 4:19*). Help us to stand in faith and to seek your kingdom and your righteousness so that all we need can be added to us (*Matthew 6:33*). Thank you in advance for all of your provisions. *God's Prayer Promise: "Every good and perfect gift is from above, coming down from the Father." (James 1:17)*

Day 16 Thursday, March 1

Father God, we fast and pray today for the Ministries of Zion Hope Church. Please strengthen every ministry to fulfill the mission of this church, to provide the enrichment, equipping, evangelizing, and the encouragement needed by our members and the community. Send more workers for the harvest, we pray. We ask that you will convict our hearts to serve You and your people like never before. *God's Prayer Promise: "Open wide your mouth and I will fill it." (Psalm 81:10a)*

Day 17 Friday, March 2

Father God, today we are fasting and praying for our Nursery Ministry, Children's Church, Youth Church, Children and Teens Bible Study and all Youth Ministries at Zion Hope. Our desire is to continue to provide a safe and nurturing environment for children during our worship services and throughout the week. We thank you for the commitment of our staff and volunteer workers. We ask that you will convict the hearts of all who have been given the gift of nurturing and helps, to minister to our children. We thank you who have made this commitment. *God's Prayer*



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Promise: "...We have confidence before God and receive from Him anything we ask, because we obey His commands and do what pleases Him." (1 John 3:21b-22)

Day 18 Saturday, March 3

We fast, pray, and thank you for the Mortgage Payoff - Debt Reduction Campaign that we will launch this year. Father, help us to begin this campaign in obedience to our commitment to you. We pray the prayer you gave to King David - *"O Lord our God, as for all the abundance that we have provided for building you a temple for your Holy Name, it comes from your hand, and all belongs to you."* (1 Chronicles 29:16). Father, help us to complete the work we've begun and to give our resources freely as unto you. *God's Prayer Promise: "I will tell you the truth, my Father will give you whatever you ask for in my name. Until now, you have not asked for anything in my name. Ask and you will receive, and your joy will be complete."* (John 16:23b-24)

Week 4

Day 19 Sunday, March 4

Father, we pray today in humility. We ask for your guidance, power, strength, and wisdom so that we will be a church body of love, perseverance and faithfulness in service. Help us to bear spiritual fruit and grow in the knowledge of you, and in obedience to your will for our lives. We humbly dedicate our lives to you. *God's Prayer Promise: "Fear not for I have redeemed you; I have summoned you by name; you are mine."* (Isaiah 43:1b)

Day 20 Monday, March 5

We fast and intercede for Children and Youth within Zion Hope and in our Indianapolis communities. We pray for those students at Arlington High School and other schools across this city. Please convict our hearts to pray for them continuously. May we also love and nurture them unconditionally. Empower us to teach them spiritual truths so that they will have the fullness of you, and complete understanding in order that they may know the mystery of God, namely Jesus Christ. *God's Prayer Promise: "Train a child in the way he should go, and when he is old he will not turn from it."* (Proverbs 22:6)

Day 21 Tuesday, March 6

Lord God, we earnestly pray for Lost Souls today in our families and in the community. May we be empowered by the Holy Spirit to spread the gospel of Jesus Christ to those who do not know Him for the forgiveness of their sins. Empower us as a church to lift up the name of Jesus so that the entire world will hear and be saved. *God's Prayer Promise: "But I, when I am lifted up from the earth, I will draw all men to myself."* (John 12:32b)

Day 22 Wednesday, March 7

We fast and pray for Zion Hope Audio Ministry, Video Ministry and Partners in Prayer. *"He said to them, 'Go to all the world and preach the good news to all creation' (Mark 16:15).* Father, we pray that you will bless all who are a part of our Audio/ Video Ministry, Marketing Ministry and Partners in Prayer. Our desire is to obey the command from Jesus Christ and to be salt and light to the world with the True gospel. *God's Prayer Promise: "Have faith in God. Whatever you ask for in prayer, believe that you have received it, and it will be yours."* (Mark 11:22, 24)



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Day 23 Thursday, March 8

We fast and intercede today for all Zion Hope Ministries that are Outreach Services, Foreign Missions and Oppressed people of the world *“The Lord works righteousness and justice for all the oppressed.” (Psalm 103:6)* Father God, we pray for our ministries and our Community Partners as they minister to oppressed people of this world. Please provide for and protect them, and give them strength and endurance and supernatural power as they share the gospel. We also pray for those who have been called to foreign mission fields. *“Ask the Lord, the Lord of the harvest to send out workers into His harvest field.” (Matthew 9:38)* *God’s Prayer Promise: “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven, and will forgive their sin and heal their land”. (2 Chronicles 7:14)*

Day 24 Friday, March 9

We fast and intercede for the Servant Leaders of Zion Hope Church. With thanksgiving we pray that they will receive strength, power and insight as they persevere and minister to the people of this church and community. We pray for their families, finances, transportation and time management. *“Remember your leaders, who spoke the Word of God to you. Consider the outcome of their way of life and imitate their faith.” (Hebrews 13:7)* *God’s Prayer Promise: “Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective.” (James 5:16)*

Day 25 Saturday, March 10

We fast and intercede for the Sick and Shut-in. *“The Lord will sustain him on his sickbed and restore him from his bed of illness.” (Psalm 41:3)* We pray for healing and restoration for those who are sick and confined to their homes. Provide the comfort and peace that only you can give. Help us to remember them always in prayer. *God’s Prayer Promise: “But he said to me, my grace is sufficient for you, for my power is made perfect in weakness.” (2 Corinthians 12:9a)*

Week 5

Day 26 Sunday, March 11

We pray today for the Unsaved and the Unchurched in our communities. As we lift up the name of Jesus this day, may those who do not know Him hear us and be saved. For their faith will come by hearing the message we bring of Christ. Help us Father to bring the news of hope and eternal life to a dying world. *“How beautiful are the feet of those who bring good news.” (Romans 8:15a)* *God’s Prayer Promise: “He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.” (Psalm 91:15)*

Day 27 Monday, March 12

Father, we fast and intercede today for Bereaved Families. May your Love surround them right now, in the Name of Jesus. May your Word bring comfort to hurting hearts and peace to troubled minds. *“But you, O God, see trouble and grief; you consider it to take it in hand.” (Psalm 10:14)* *“If your law had not been my delight, I would have perished in my affliction.” (Psalm 119:92)* *“My comfort in suffering is this: Your promise preserves my life.” (Psalm 119:50)* *God’s Prayer Promise: “We do not have a priest who is unable to sympathize with our weakness, but we have one who has been tempted in every way, just as we are - yet was without sin. Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.” (Hebrews 4:15-16)*



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Day 28 Tuesday, March 13

Father God, we fast and pray today for Single Parents and Unmarried Members. We pray that they will be imitators of God, and live a life of love, just as Christ loved us and gave Himself up for us (*Ephesians 5:1-2*). *“No temptation has seized you except what is common to man. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will also provide a way out so that you can stand up under it.”* (*1 Corinthians 10:13*) *God’s Prayer Promise: “Which of you, if his son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in Heaven give good gifts to those who ask Him!”* (*Matthew 7:9-11*).

Day 29 Wednesday, March 14

Father, we fast and pray today for the Homeless and Orphans. *“Be joyful in hope, patient in affliction, faithful in prayer. Some wandered in desert wastelands, finding no way to a city where they could settle. They were hungry and thirsty, and their lives ebbed away. Then they cried out to the Lord in their trouble, and He delivered them from their desires. He led them by a straight way to a city where they could settle. Let them give thanks to the Lord for His unending love and His wonderful deeds for men. For He satisfies the thirsty and fills the hungry with good things.”* (*Psalms 107:4-9*) *God’s Prayer Promise: “If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him.”* (*James 1:5*)

Day 30 Thursday, March 15

Hear our prayer, O God, for the Healing of Illnesses and Diseases among us. Jesus, we thank you today; you were pierced for our transgressions and crushed for our iniquities; the punishment that brought us peace was upon you and by your wounds we are healed. “Praise the Lord, O my soul, and forget not all his benefits; who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s.” (*Psalms 103:2-5*) *God’s Prayer Promise: “The Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit Himself intercedes for us with groans that words cannot express. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God’s will.”* (*Romans 8:26-27*)

Day 31 Friday, March 16

Hear our prayer today as we fast for those battling with drugs, alcohol, food, gambling or other addictions. Father, we pray that as they cry out to you, you will hear them and save them from their distress and pain. *“Then they cried unto the Lord in their trouble, and he saved them from their distress. He brought them out of darkness and the deepest gloom and broke away their chains.”* (*Psalms 107:13-14*) We not only pray for the restoration of these persons, but we also pray for their families. Please heal souls, bodies, minds and relationships in the Name of Jesus. *“Whoever is wise, let him heed these things and consider the great love of the Lord.”* (*Psalms 107:21, 43*) *God’s Prayer Promise: “Then you will call upon me and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you,”* declares the Lord . . .” (*Jeremiah 29:12-13*).



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Day 32 Saturday, March 17

Father God, we fast and request that Your Presence will abide with us in a special way today. We desire to have intimate fellowship with you. Touch our hearts in such a way that we will desire an even deeper fellowship with you and offer you our sacrifices of praise and worship. “I pray also for those who will believe in me through their message, that all of them may be one. Father, just as you are in me and I am in you, may they also be in us so that the world may believe that you have sent me.” (John 17:20-21) *God’s Prayer Promise: “How gracious He will be when you cry for help.” (Isaiah 30:19)*

Week 6

Day 33 Sunday, March 18

Father, we pray for a closer walk with You today. “You who seek God, may your hearts live.” (Psalms 69:32). “For I know the plans I have for you,” declares the Lord. “Plans to give you hope and a future. Then you will call upon me, and come and pray to me, and I will listen to you. You will seek me with all your heart. I will be found by you, declares the Lord.” (Jeremiah 29:11-13). “Blessed are they who keep His statutes and seek him with all their hearts.” (Psalm 119:34). *God’s Prayer Promise: “You will pray to Him, and He will hear you . . .” (Job 22:27).*

Day 34 Monday, March 19

Today we fast and focus on Your invincible Truth. “But now, this is what the Lord says –“Fear not, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned . . . For I am the Lord, your God, the Holy One of Israel, your Savior; you are my witnesses, “declares the Lord”, that I am God. Yes, from ancient days, I am He.” (Isaiah 43:1-3, 13). *God’s Prayer Promise: “I urge, then, first of all that requests, prayers, intercession, and thanksgiving be made for everyone - for kings and all those in authority, that we may live peaceful quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to knowledge of the truth.” (1 Timothy 2:1-4)*

Day 35 Tuesday, March 20

Father, God, as we fast and pray today, our desire is to be your Disciples, committed to equipping believers, enriching persons, evangelizing people, and edifying missions; thus we will be in accordance with the mission of this church. As we recommit to the vision of our Pastor, help us to stay focused on your will for us as your ambassadors. “*If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will find it.*” (Matthew 16:24-25). *God’s Prayer Promise: “But when you pray, go into your room, close the door and pray to your Father, who will see what is done in secret, and will reward you.” (Matthew 6:6).*

Day 36 Wednesday, March 21

Father, we ask your blessing upon our Music, Fine Arts and Dance Ministries. “*All these were men who were under the supervision of their fathers for the music of the temple of the Lord, with cymbals, lyres and harps, for the ministry at the house of God.* (1 Chronicles 26:6). Lord, bless the men and women of this ministry as they encourage us to shout for joy to the Lord and to worship the Lord with gladness and joyful songs. *God’s Prayer Promise: “Then you will call, and the Lord will answer; you will cry for help, and he will say: ‘Here I am.’” (Isaiah 58:9).*



YOUR PERSONAL GUIDE TO FASTING AND PRAYER



February 14, 2018 – March 25, 2018

Day 37 Thursday, March 22

Father God, we pray prayers of Thanksgiving for the favor you have shown to Zion Hope Church. We humbly submit ourselves to your will, your plans, and your purpose. Thank you, Father, for being so good to us! *God's Prayer Promise: "The Lord is far from the wicked, but He hears the prayer of the righteous." (Proverbs 15:29)*

Day 38 Friday, March 23

We fast and pray today for future Building Projects. We pray, believing, that the vision that has been set forth is fulfilled and we thank You! *"For he was looking forward to the city with foundations, whose architect and builder is God." (Hebrews 11:10) God's Prayer Promise: "Now in Him who is able to do immeasurably more than all we can ask or imagine according to His power that is at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, forever and ever!" (Ephesians 3:20-21)*

Day 39 Saturday, March 24

Lord, hear our petitions today for the Prayer Life of our church. Convict our hearts, O God, that we will be more of a House of Prayer. Fill us with prayers of worship, praise, intercession and petition that are in accordance with your will for our lives, our church, our community and the world. *God's Prayer Promise: "After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the Word of God boldly." (Acts 4:31)*

Last Day!

Day 40 Sunday, March 25

Thank You, Lord, for Hearing and Answering our Prayers during this season. As we have followed in the footsteps of Jesus, we have experienced great and marvelous things. We are not the same as we were when we started and for this we thank and praise Your Name! Thank You for transforming our lives individually and corporately as a body of believers! *"Thanks be to the Lord, for He is good; His love endures forever! To the One who remembered us in our low estate and freed us from our enemies; His love endures forever! Give thanks to the God of Heaven; His love endures forever!" (Psalm 136:1, 23-24, 26). God's Prayer Promise: "For no matter how many promises God has made, they are 'Yes' in Christ. And so through Him the 'Amen' is spoken to the glory of God." (2 Corinthians 1:20) Amen Amen Amen!*